

Zeitplan JMZK 2024

Samstag																		
Riege	DF	Riegenführer	100m	Weit		Kugel		Hoch		400m	110m Hü	Diskus		Stab		Speer		1500m
15	A	Jan	09:30	09:45	2	11:00	1	12:00	1	13:00	13:45	14:00	3	14:45	3	16:00	1	17:00
1	B	Jolina / Sven	10:00							15:15		10:15	1	11:25	2	14:00	2	
2	B	Greta / Emma	10:10							15:30		10:25	2	11:35	1	14:10	1	
3	B	Lotte / Josi	10:20							16:30		10:35	3	11:45	3	15:00	2	
4	A	Felix	10:30	10:45	3	12:20	1	13:40	2	15:45								
5	A	Julia	10:40	10:55	4	12:30	3	13:50	1	16:00								
6	A	Christian	10:50	11:05	1	12:40	2	14:00	3	16:15								
8	A	Maria	11:50	12:05	2	13:50	1	15:30	2	17:15								
9	A	Helen	12:00	12:15	3	14:00	3	15:40	1	17:30								
11	B	Jule / Anja	12:10							17:45		12:25	1	13:55	2	16:25	2	
12	B	Marie	12:20							18:00		12:35	2	14:05	1	16:40	1/2	

Sonntag																		
Riege	DF	Riegenführer	110m Hü	Weit		Kugel		Hoch		400m	110m Hü	Diskus		Stab		Speer		1500m
4	A	Felix	08:15									08:30	1	09:40	1	12:00	2	13:15
5	A	Julia	08:30									08:45	2	09:55	2	12:15	1	13:30
6	A	Christian	08:45									09:00	3	10:10	3	13:00	2	14:15
1	B	Jolina / Sven	09:00	09:15	3	10:30	1	11:40	3									13:45
2	B	Greta / Emma	09:15	09:30	4	10:45	3	12:00	2									14:00
3	B	Lotte / Josi	09:30	09:45	1	11:30	2	12:40	1									14:30
8	A	Maria	09:45									10:00	1	11:35	1	13:45	1	15:15
9	A	Helen	10:15									10:30	2	12:00	2	14:10	2	15:30
11	B	Jule / Anja	10:45	11:00	2	12:45	1	14:00	3									15:45
12	B	Marie	11:00	11:15	3	13:00	3	14:15	2									16:15

Kinder-4-Kampf

Treffpunkt und Anmeldung um **11:30 Uhr** auf dem Vorplatz